



Swiss-Shinkyokushin-Association

SSKA

Member of WKO+EKO

Country Representative / Branch Chief

Shihan

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**14th SWISS – OPEN
Adults-Championship 2020**

Date:

Sunday, 26. April

Location:

Sports hall Eichli, Stans

Competition:

Kumite and Kata

Kumite-Youth U21

2001 – 1999 Men :

Youth Men – 65 kilo

Youth Men 65 - 70 kilo

Youth Men 70 - 75 kilo

Youth Men 75 – 80 kilo

Youth Men 80 – 85 kilo

Youth Men 85 – 90 kilo

Youth Men + 90 kilo

Kumite-Youth U21

2001 – 1999 Women :

Youth Women – 50 kilo

Youth Women 50 – 55 kilo

Youth Women 55 - 60 kilo

Youth Women 60 - 65 kilo

Youth Women + 65 kilo

Kata – Youth U21:

Men 2001 – 1999

Kata – Youth U21:

Women 2001 – 1999

Kata – Youth U21:

Team – mixed 2001 – 1999

KATA men and women:

Eliminations: Gekisai dai, Gekisai sho, Yantsu, Tsuki no kata, Saiha

From the quarterfinals: Seipai, Kanku, Seienchin, Sushiho, Garyu

Kumite - Adults / Seniors (year of birth: 1998 or older)

Weight classes men		Weight classes woman	
Light weight	- 70 kg	Light weight	- 55 kg
Middle weight	70 kg - 80 kg	Middle weight	55 kg - 60 kg
Heavy weight	80 kg - 90 kg	Heavy weight	60 Kg - 65 kg
Super Heavy weight	+ 90 kg	Super Heavy weight	+ 65 kg

Kumite - Adults / Seniors (year of birth: 1980 or older)

Weight classes men		Weight classes woman	
Light weight	- 70 kg	Light weight	- 55 kg
Middle weight	70 kg - 80 kg	Middle weight	55 kg - 60 kg
Heavy weight	80 kg - 90 kg	Heavy weight	60 Kg - 65 kg
Super Heavy weight	+ 90 kg	Super Heavy weight	+ 65 kg

Kata – Adults:

Men year of birth: 1998 or older

Kata – Adults:

Women year of birth: 1998 or older

Kata – Adults:

Team – mixed year of birth 1998 or older

KATA men and women:

Eliminations: Gekisai dai, Gekisai sho, Yantsu, Tsuki no kata, Saiha

From the quarterfinals: Seipai, Kanku, Seienchin, Sushiho, Garyu

Award:

Kata: 1 – 3 place, Cup and certificate
Kumite: 1 – 3 place, Cup and certificate (two 3 place)
Best Technique Men and Women
Best Spirit Men and Women
Best Tameshiwari Men Adults from 1998
Fastest Knock Out Men or Women

Referee:

All Dojos / countries have make application Referee

The application of the referee is compulsory !

Starting-fee:

The entry fee is 30 Swiss francs, euros will be charged according to the current exchange rate and entitles to participate in one competitions.

The entry fee for Kata –Team is 75 Swiss francs

Payment:

Starting-fee money to have the following account
25th of March 2020!

Account: Nidwaldner Kantonalbank Stans, Shinkyokushin
IBAN: CH7300779014053015610
SWIFT: NIKACH22

Insurance:

Participants have to organize their insurance.
The Organizer rejects any responsibility.

Application form:

before the 25th of March 2020

Organisator:

IKKA International Shinkyokushin-Karate Academy Stans
Member of Shinkyokushin Switzerland SSKA

Director:

Shihan Peter Steinmann