International Federation of Karate **Turkey** hereby has the pleasure of inviting fighters from your Country to the VII European Championships:  
  
THIS KNOCKDOWN CHAMPIONSHIP IS OPEN FOR ALL KYOKUSHIN ORGANISATIONS BUT HAS RESTRICTED ENTRIES.  
  
COMPETITORS MUST REPRESENT THEIR NATIONAL FEDERATION AND THEY MUST HOLD AT LEAST A 6TH KYU (YELLOW BELT) FOR ADULT AND UNDER 21 CATEGORIES, AND AN 8TH KYU (BLUE BELT) FOR CATEGORIES UNDER 18 YEARS OLD  
  
CONDITIONS FOR PARTICIPATION:  
HIV, HBV, HCV ANTIBODIES TEST CERTIFICATE (IN ENGLISH). DURING THE MEDICALS THERE WILL BE VERIFICATION OF THE COMPETITOR’S AGE WITH A PASSPORT. INSURANCE: FIGHTERS MUST OBTAIN THEIR OWN INSURANCE.  
  
**ADULT CATEGORY** (7 CATEGORIES)  
  
MEN   -70KG/ -80KG/-90KG/ + 90KG  
WOMEN -55KG/ -65KG/ +65KG  
  
COMPETITOR ALLOCATIONS PER CATEGORY

* 2 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 2 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 4 FIGHTERS FROM A  
COUNTRY IN A CATEGORY  
  
HOST NATION COMPETITOR ALLOCATIONS PER CATEGORY

* 4 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 4 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 8 FIGHTERS FROM THE HOST COUNTRY IN A CATEGORY  
  
**U21 CATEGORY** (THE COMPETITOR MUST BE 18 YEARS TO 20 YEARS OLD ON THE FIRST DAY OF THE COMPETITION) (6 CATEGORIES)  
  
MEN   -70KG/ -80KG/+80KG  
WOMEN -55KG/ -65KG/ +65KG  
  
COMPETITOR ALLOCATIONS PER CATEGORY

* 2 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 1 FIGHTER FOR A NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 3 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
HOST NATION COMPETITOR ALLOCATIONS PER CATEGORY

* 4 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 4 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 8 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
  
**U18 CATEGORY** (THE COMPETITOR MUST BE 16 YEARS OR 17 YEARS OLD ON THE FIRST DAY OF THE COMPETITION) (9 CATEGORIES)  
  
BOYS -60KG/ -65KG/ -70KG/ -75KG/ +75KG  
GIRLS -50KG/ -55KG/-60KG/ +60KG  
  
COMPETITOR ALLOCATIONS PER CATEGORY

* 2 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 1 FIGHTER FOR NON IFK ORGANSIATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 3 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
HOST NATION COMPETITORS ALLOCATIONS PER CATEGORY

* 4 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 4 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 8 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
**U16 CATEGORY** (THE COMPETITOR MUST BE 14 YEARS OR 15 YEARS OLD ON THE FIRST DAY OF THE COMPETITION) (9 CATEGORIES)  
  
BOYS -50KG/ -55KG/ -60KG/ -65KG/ +65KG  
GIRLS -45KG/ -50KG/-55KG/ +55KG  
  
COMPETITOR ALLOCATIONS PER CATEGORY

* 2 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 2 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 4 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
HOST NATION COMPETITOR ALLOCATIONS PER CATEGORY

* 3 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 3 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 6 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
**U14 CATEGORY** (THE COMPETITOR MUST BE 12 YEARS OR 13 YEARS OLD ON THE FIRST DAY OF THE COMPETITION) (9 CATEGORIES)  
  
BOYS -40KG/ -45KG/ -50KG/ -55KG/ +55KG  
GIRLS -40KG/ -45KG/-50KG/ +50KG  
  
COMPETITOR ALLOCATIONS PER CATEGORY

* 2 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 2 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 4 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
HOST NATION COMPETITORS ALLOCATIONS PER CATEGORY

* 3 FIGHTERS FOR IFK ORGANISATION PER COUNTRY
* 3 FIGHTERS FOR NON IFK ORGANISATIONS PER COUNTRY

IF THE IFK COUNTRY DOES NOT FILL ITS ALLOCATION, THEN THESE SPACES CAN BE FILLED BY THE NON IFK ORGANISATIONS. A MAXIMUM OF 6 FIGHTERS FROM A COUNTRY IN A CATEGORY  
  
**TOTAL CATEGORIES  40**  
  
Registration will start in the afternoon of Thursday 26th March  
  
DOCUMENTS TO BE PRESENTED AT THE WEIGH IN:  
Insurance, Medical letter and IFK membership card or organisation card.  
  
The weigh in will take place at the hotel on the 27th March from 0900. There will be timetable for the weigh in process. Preference will be given to any fighter who is fighting on the Friday evening.  
  
**ANY COMPETITOR THAT DOES NOT MAKE THE WEIGHT WILL BE DISQUALIFIED**  
  
Program –

Team to arrive on 26th March 2020

|  |  |
| --- | --- |
| 26 March | Arrive in Istanbul and check into hotel  1600 Executive Board Meeting |
| 26 March | 1500 – 2000 Tournament Registration/ Medicals |
| 27 March | 0800 Weigh In  1000 - 1200 Country Rep meeting  1300 - 1600 Referees and Judges course |
| 27 March | 1700 Juniors Preliminary rounds |
| 28 March | 0800 Transfer to venue  0900 Tournament to start |
| 29 March | Finals and Trophy presentation |
| 30 March | Breakfast  Check-out |

ACCOMMODATION:

HOTELS

Gonan Hotel

<https://www.istanbulgonen.com/>

Pullman Hotel

http://www.pullmanistanbul.com/tr/

Package cost-

Single Room Package    350 Euros per person

Double Room Package  300 Euros per person

Triple Room Package     280 Euros per person

Sayonara party is free and is included in your hotel package for both participants and spectators,

The Championship Package includes-  
4 night/5 day stay in 5\* luxury hotels with gym, sauna, swimming pool.  
**ARRIVAL** - 26th March, day lunch and dinner  
26th-29th March breakfast, lunch and dinner  
30th March breakfast  
The hotel will also provide lunch at championships.  
The hotel is inclusive of all meals, hot drinks and soft drinks.  Whilst alcohol is not included, a full bar is available for your purchase.  
  
It also  includes-  
All transfers between hotel and airport (approx. 60 km)  
All transfers between hotel and event venue.  
Championship T-Shirt for all fighters and officials.  
Sayonara Party and meal (alcohol not included)  
  
You may add days to your trip by contacting the organizer  
  
**TEAMS MUST USE THE CHAMPIONSHIP HOTELS ON OFFER TO BE ACCEPTED IN THE EVENT**

The venue is the Bagcilar Olympic Sports Hall, Istanbul

http://www.istanbulsporenvanteri.com/tr/tesisler/tesisler-2/bagcilar-olimpik-spor-kompleksi-160.html

PUBLIC ATTENDANCE  
Costs:  entrance is free for spectators  
  
Competitor Entry Fees  
U16 25 Euro  
U18 30 Euro  
U21 and Adult 35 Euro  
  
Entries close  
IFK - 1st February 2020  
Non IFK - 14th February 2020  
Non IFK Entries are registered on the application date and once the category is full we will not accept any more applications from that country.  
  
                                                                **ORGANIZER**  
  
Website : www.ifkturkey.com  
Event email : ifkturkey2020@gmail.com  
Country Representative Sensei Ismail Yildirim  +447980758392  
Email ismailyildirim1964@gmail.com