

Tournament Regulations

Preface

Swedish junior open is an International Kyokushin tournament for children, cadets, juniors and seniors who participate from various parts of the world. It is open to all Kyokushin groups and organisations which would like to participate and test their skills under the Swedish junior Open Tournament Regulations.

The competition is not all about winning, but is also about meeting other fellow competitors and teams under the traditional Kyokushin values and traditions with respect, curiosity and a strive to always improve oneself in all aspects. Another important goal of the tournament is to allow people, especially young persons, from different places to meet and make new friends and experiences.

Since the competition involves children, safety will always take precedence over whatever can be perceived as "right" from a competition perspective.

Rules and regulations

Entry

The Swedish Junior Open organizing committee reserves the right to refuse entry and/or participation to anyone not following the rules and regulations set forth herewith. All competitors must wear a neat, complete karate gi and when competing one competitor will wear his/hers own respective belt plus an extra red string. The other competitor will only wear his/hers own belt.

Finger and toe nails must be cut short, no protective clothing, bandages or guards.
It is not allowed to fight with glasses; the use of contact lenses is allowed.

In case of injury to a competitor, the wearing of bandages or other protective materials is at the absolute discretion of the tournament doctor and the head referee, whose decision shall be final and binding upon the competitor. In principle no support, bandages or tape shall be worn in the first round and thereafter at the discretion of the doctor.

Said equipment may not contain any metal or hard shell plastic or enhancement and will be verified prior to each match. Competitors must provide their own personal equipment.

The competitors must be available 1 minute prior to their impending match in the designated square and is solely responsible for arriving at the tatami on time when the competitor's name is called. If competitors fail to appear after two announcements, they will forfeit their right to compete.

Competitors of any grade will be allowed to enter the competition, however if a participant is unable to defend himself/herself at any time, he or she will be excluded for safety reasons.

The tournament doctor may exclude any participant at any time for any medical reason.

For security reasons, all participants must have a coach available. The coach may at any time give up the match for his/her competitor.

The age under which the competitor enters the competition shall be counted at the same day as the competition takes place.

The duration of possible elimination rounds and normal rounds are usually 1, 1.5 or 2 minutes with a possibility to extension for the categories 14/15 years old and 16/17 years old. However, the Tournament organising committee reserves the right to make up the pools or elimination scheme and also to decide the match length in the various pools and elimination schemes. Factors for this includes, but is not limited to, the number of participants, participants in a certain pools, number of tatamis, availability of referees and total competition schedule.

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Courtesy

Kyokushin karate is a martial art that requires cooperation and courtesy from all participants (competitors as well as coaches). Make Kyokushin a fun sport by praising your opponents' good techniques by not:

- conducting loud comments after points;
- embarrassing a weak opponent by being overly gracious or condescending.
- losing your temper, using vile language, throwing your mouth guard or headgear,
- or leaving the tatami in anger.

Hindrance issues

- a competitor shall not talk to the referee or opponent while in a match;
- When a competitor deliberately injures an opponent (with an illegal technique) and affects the opponent's ability to proceed, then the opponent wins the match by default. Hitting the opponent with an illegal technique or throwing a mouth guard or headgear in anger is considered a deliberate act.
- Stalling. The following actions constitute stalling:
 - Warming up longer than the allotted time;
 - Contestants who arrive late (the maximum time is 1 minute) for bouts or who fail to appear at all.
 - Contestants who refuse to engage in kumite during a match after 3 calls by the referee.

Physical disability arising during the tournament shall allow a contestant to withdraw after examination and verification of the injury, and agreement between the Tournament Doctor and the Tournament Referee. This decision is final and must be documented.

When to contact an official

Withdrawing from a match or tournament. A competitor shall not enter a tournament and then withdraw when the karateka discovers that tough opponents have also entered. A karateka may withdraw from a match or tournament only because of injury, illness, or personal emergency. A competitor who cannot play a match shall notify the referee at once by means of his coach.

Criteria for competing

All competitors under the age of 18 must have written permission from their legal guardian (e.g. parents) to compete in the tournament. A competitor can be asked for proof of age by producing an ID card or country passport.

Extra Criteria for Swedish competitors (only)

For legal reasons, Swedish competitors (only) from the age of 14 must be able to produce a competitors card ("tävlingskort") issued from an organization under the Swedish Sports Confederation ("Riksidrottsförbundet") (such as "Budo och Kampsportsförbundet" or "Karateförbundet").

Pool system

A difference between normal Kyokushin tournaments and Swedish junior Open is the competition system. One of the main objectives of Swedish junior Open is to have the kids, cadets and junior competitor to gain as much experience as possible and that is why we prefer the pool system. We use a pool system so that each competitor will have at least 2 or 3 bouts. For the categories 14/15 and 16/17 years old we reserve the right to use an elimination system if the group is equal to or larger than six participants.

The Kids, Cadets and Junior competition is divided according to the pool system. There are two kinds of pool systems in the Swedish junior Open.

Regular pool system

In the regular pool system (Round Robin) the pool winner is announced at the end of the tournament.

Combined pool system

The difference between both pool systems (regular and combined) is that in the combined pool system, at the end of pool A and B, there have to be fights for 1st, 2nd, 3rd and 4th place.

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The pool divisions are, as said before, drawn up taken into account age, weight, length, experience and grade. We use these parameters to make a weighing factor in case two fighters have the same amount of points when all the fights are done. The person who's lighter, smaller has a lower weighing factor and will be placed higher in ranking.

Fighting time in pools for both boys and girls will be (1, 1½ or) 2 minutes depended on the number of fighters in our tournament. The winner receives 3 points, in case of hiki wake both fighters receive 1 point, the loser gets 0 (zero) points.

Elimination system

In the elimination system the traditional Kyokushin system is used where the competitors are eliminated after losing their bout. In this system there is a fight for 3rd place as well as fight for 1st place.

Coach

The coach shall, throughout the entire competition, wear a tracksuit with a clearly identifiable mark.

The coach is responsible for his/her competitor during the bouts and shall make every effort to make sure that the competitor follows the rules and spirit of the competition. The coach shall also withdraw his/her competitor from a match whenever he/she determines that his/her competitor is or is about to be injured.

If any uncertainties arise in connection with the interpretations of the rules herein, the organization committee has the last word whereby the official rules of the Swedish "Karateförbundet" shall be considered.

Scoring Semi contact

Seniors and 14-17 Years

IPPON is awarded for a technique that prevents the opponent to continue the match within 5 seconds (not full contact to the head), if the other participant is disqualified or if the other party gives up.

WAZA-ARI is awarded for a controlled kick against the head that hits the other participant's helmet and an otherwise allowed technique that prevents the opponent to continue the match momentary. When an opponent is downed with any allowed technique including foot sweeps which are followed up by a well-focused non-contact technique to the body

If equal score: Dominance in strength in combination with technique and number of hits, with correct technique that has hit the opponent.

7-13 Years

Same as above but with **no contact** against the other opponents head/helmet. The kick has to stop 5-10 cm from the head and be unblocked.

In the final rounds, a winner always has to be decided (ENCHOSEN).

Allowed techniques:

- all punches to the body
- all kicks to the side of the head, that are controlled
- all kicks to the body and legs

Forbidden techniques:

- all punches and blows to head, neck and back
- all kicks to any part of the knee, crotch and back
- front kick to the head (jodan mae geri, jodan yoko geri, jodan ushiro geri)
- knee kicks towards the head (jodan hiza geri)
- jumping kicks (tobi hiza geri etc.)
- kagato otoshi, uchiro mawashi geri to the head
- punching or kicking the adversary while laying on the floor
- Failing to obey the referee's instructions during the bout, or making comments to the referee
- leaving the tatami on different occasions during the fight

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- producing indecent, disrespectful and aggressive behaviour
- grabbing and pulling
- Any other techniques or practice that the referee of the contest shall decide is improper or unfair

The full contact rules

You can find the rules for the full contact divisions here:

<http://www.swekarate.se/globalassets/svenska-karateforbundet-forbundet-dold/komiteer/kyokushin/skfs-ko-regler.pdf>

The rules are in Swedish, If you have any questions, please send a mail to: kansli@brynaskarate.se

Categories

Depending on the number of participants, different categories for the children, juniors and cadets. Will be drawn up, taken into account age, weight, length, experience, grade and selected rules.

There are several divisions:

- 7 year, semi contact
- 8 - 9 year, semi contact
- 10 - 11 year, semi contact
- 12 - 13 year, semi contact
- 14 - 15 year, semi contact
- 16 - 17 year, semi contact

In the above divisions, there are two protection categories:

1. Participants 7 - 13 years

From 7 years up and including 13 years, the participants must wear fist protection, mouth protection, head-, crotch-, shin-guard and a body protector. No breast cups allowed under the body protector.

2. Participants 14 - 17 years

From 14 years up and including 17 years, the participants must wear fist protection, mouth protection, head-, crotch- and shin-guard. Females must wear breast cups.

Covid-19

Due to the coronavirus pandemic the organizing committee has to take into account the national and local guidelines when organizing the competition that means that the following measures are to be taken in preparation and during the event. These guidelines are subject to change and the organizers of Swedish junior open reserve the right to change these rules to apply to the local and national guidelines that are in place during the competition day.

1. No more than 50 people may attend the event at any time. This means that the participants will be split into groups of 20-30 people at the time (due to the numbers of judges, volunteers, coaches and medical staff that are in the building). Each group of participants will complete all parts of the tournament then leave the competition hall making room for the next group.
2. There will be no audience allowed
3. Between each group the hall will be cleaned with disinfectant.
4. Each attendee of the event regardless of their role has to follow the advice given by "folkhälsomyndigheten". That is; Stay home if you feel unwell, Watch for symptoms of covid-19, Wash your hands often, Cough and sneeze into the elbow, Avoid touching your nose and mouth and keep distance from other people. To learn more please follow the link: [Skydda dig och andra på engelska. Protect yourself and others from spread of infection](#)

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5. The organizer will provide hand sanitizers to accommodate the need for clean hands
6. All participants have to have their own protective equipment. If a participant does not have access to a personal helmet or vest he/she may borrow it at the competition but has to use the disinfection wipes provided to clean all the equipment they used thoroughly.
7. If a participant doesn't feel well or someone from their family experiences symptoms of Covid-19 the participant won't be allowed to compete and the organizers will give a full refund of their entry fee.
8. The main judge at the tatami will be provided a protective visor if he/she feels that they cannot keep a safe distance to the participants. The corner judges will also be situated further away from the tatami to keep distance to the participants the same applies to the coaches who will have to sit at least 2 meters from the tatami when coaching.

See you in Gävle

OSU!!