5th EUROPEAN WEIGHT KYOKUSHIN KARATE CHAMPIONSHIPS



IN CATEGORIES CHILDREN, JUNIORS, ADULTS AND OLDBOYS 12-13th NOVEMBER 2022- DEBICA, POLAND

PROGRAMME

- 1. Organiser: World Kyokushin Budokai Poland, Leżajski Klub Kyokushin Karate.
- 2. Partners: The Mayor of Debica City, Centre of Sport and Recreation in Debica, Bushido Karate Kyokushin Club.
- 3. Date and place: 12-13th November 2022 Sports Hall MOSiR at Sportowa 26 Street in Debica.
- **4. Participation:** In the tournaments all invited teams may submit a chosen number of participants. The Organiser does not indicate a limit of contestants. The Organiser does not mandate the rank limit. Preferred time of practice of Karate Kyokushin is 2 years.

The tournament will be held in all age categories according to the rules of World Kyokuhin Budokai.

5. Registration of the contestants: will be held between September 15th and October 25th 2022 through registration panel of <u>KUMITE TECHNOLOGY</u>.

6. Fee:

Participants of European Championships enter the competition by paying the starting fee which covers a part of organization costs- ANNEX 3.

- **7. Official hotel:** "Gold" Sportowa 22 Street, 39-200 Dębica. **Booking of the Hotel** up to October 20th 2022 through email address: championships@wkbpoland.pl **ONLY** by Excel form shared by the Organiser.
- **8. Verification and registration of contestants** will be held in room 112 of Debica's Sports Hall at Sportowa 26 Street.

During verification the contestants must have:

- document confirmation of the identity,
- parental consent (uderage contestants)
- written consent for participation,
- valid physical examination from sport's doctor,
- insurance,
- personal Gi (top part).

9. Kumite and kata categories:

MALE AND FEMALE KUMITE

KUMITE REGULATIONS

WEIGHT CATEGO	DRY (IN KG)	DURATION OF FIGHTS		
MEN	+18 years old: -65; -70; -75; -80; -85; - 90; +90	Eliminations: 120 sec >120 sec > Weight > 120 sec Semifinals and finals: 180 sec > 120 sec > Weight > 120 sec The second bloom in the difference is 2 be (for a second point).		
WOMEN	+18 years old: -55; -60; -65; +65	The acceptable weight difference is 3 kg (for categories with 5 kg difference each) The acceptable weight difference is 5 kg (for categories with 10 kg difference each) The acceptable weight difference in heavyweight and open categories is 10 kg.		
MEN OLDBOY	+40 years old: -80; +80	120 sec >120 sec > Weight >120 sec The acceptable weight difference is 3 kg (for categories with 5kg difference each) The acceptable weight difference is 5 kg (for categories with 10 kg difference)		
WOMEN OLDBOY	+35 years old: -65; +65	ference each) The acceptable weight difference in heavyweight and open categories is 10 kg.		

KUMITE JUNIORS

Boys							Girls			
		W	'eight (in ko	g)		AGE	Weight (in kg)			
-25	-30	-35		+35		8-9 years old	-	30	-35	+35
-30	-35	-40	-45	-50	+50	10-11 years old	-	35	-40	+40
-40	-45	-50	-55	-60	+60	12-13 years old	-40	-45	-50	+50
-50	-55	-60	-65	-70	+70	14-15 years old	-45	-50	-55	+55
-60	-65	-70	-75	-80 EUF	+80	16-17 years old	-50	-55	-60	+60

Duration of fights Juniors 8-11 years old 90 sec. >90 sec. >Weight (3 kg) >90 sec.

Duration of fights Juniors 12-17 years old

120 sec. >120 sec. >Weight (3 kg) >120 sec.

The competitors have the duty of showing up for a fight in protectors stated below:

category	Required personal protectors		
Children 8-11 years old	- White Shin Pads covering the feet - White finger-cut gloves, - Men- groin cups, - Hogo; - Face protective helmet (lattice)		
Juniors 12-17 years old	- White Shin Pads covering the feet - White finger- cut gloves, - Face protective helmet (lattice) - Men- Groin cups - Women- breast protector; divided foam cups and elastic shirt		
Oldboy	- White Shin Pads covering the feet - White finger- cut gloves - Men- Groin cups - Women- breast protector; divided foam cups and elastic shirt, - Optional: mouthguard.		
+ 18 years old	- Men- Groin cups, Optional: mouthguard - Women- breast protector; divided foam cups and elastic shirt, Optional: mouthguard		

If age or weight of the contestant is different from the one in application, there are two options:

- 1) disqualification.
- 2) penalty payment (starting fee) and transfer to appropriate category.
- 2) if in a category there will be less than 8 Fighters, the category will be cancelled, or the fighters will be transferred to a different category.

The duty of the competitor is showing up for the fight in regulated 1 minute time in full equipment.

KATA

KATA REGULATIONS

AGE (YEARS OLD)	I ROUND (POINTS)	II ROUND (POINTS) TOP 8 COMPETITORS	III ROUND (FLAGS) TOP 4 COMPETITORS
8-9	Taikioku sono san	Pinan sono san, Pinan sono yon	
10-11	Taikioku sono san	Pinan sono san, Pinan sono yon	
12-13	Pinan sono ni	Pinan sono yon, Pinan sono go	
14-15	Pinan sono go	Gekisai dai, <mark>Tsuki no kata</mark>	Kata, not performered in round II
16-17	Tsuki no kata	Gekisai sho <mark>, Sa</mark> iha	
+ 18	Gekisai sho	Garyu, S <mark>einchi</mark> n, Seipai, Kanku Dai, Sushiho	

Kata will be held in categories dividing age for men and women in three rounds:

I round measured with points, fighters perform kata from the chart,

Il round measured with points, fighters perform kata chosen from the chart,

III round- final judged by flags, fighter performs kata from the chart, different from performed in II round.

10. Awards:

For 1st, 2nd, 3rd places in all kumite categories the contestants will receive a cup, medal and a diploma. There will be fights for 3rd place if the category contains less than 8 contestants. Categories with less than 8 contestants will cancelled or combined.

EUROPEAN CHAMPIONSHIP

11. Submission:

Competitors registration will be held between September 15th and October 25th 23:59 2022 through registration panel of KUMITE TECHNOLOGY.

After analysis of the applications there may come up the need of shaping categories in a different way.

In the application, please submit rank, weight and accomplishments of the contestants.

12. November 11th 2022:

09:00 do 19:00 – Registration and verification of the contestants, room 112 of Dębica's Sports Hall at Sportowa 26 Street

16:00 do 18:00 - judges' seminar, Hotel Gold

19:00 do 21:00 - WKB meeting in Hotel Polonez

All participants entering European Championships must have valid mishap insurance. The Organiser doesn't provide insurance and will not be held responsible in that matter.

13. November 12th 2022:

08:20 - 09:00 Conference of the judges

09:20 –10:00 Opening Ceremony of European Championship

10:00 - 12:30 kata

12:30 - 19:30 kumite

19:30 -21:00 decoration and ending of the tournament

14. November 13th 2022:

08:20 - 09:00 Conference of the judges

10:00 - 12:30 kata

12:30 - 16:30 kumite

17:30 -19:00 decoration and ending of the tournament

15. Insurance

According to bill on Sport's all teams of the contestants are responsible for insuring their representations. The Organiser ensures medical help during the tournament.

16. Final provisions

In cases not included in statute the final say comes to the Organiser.

17. Additional information

The Organiser has a right to change number of categories after the verification and on the day of tournament. The Organiser won't be held responsible for lost goods. For fighter's behavior and damage caused by them, the parent or legal guardian will be held responsible. Entrance is free and open to the public. To learn more contact us at by e-mail championships@wkbpoland.pl and go to Annex 1-3.

Chairman of WKB Poland: Shihan Dariusz Burda +48505142555 office@wkbpoland.pl Chairman of LKKK: Sensei Mirosław Hołda

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President of World Kyokushin Budokai: Hanshi Pedro Roiz



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Annex 1	lace, date
CONSENT TO TAKE PART IN CONTACTUAL FIGHTS DURING WE KARATE KYOKUSHIN	EIGHT EUROPEAN CHAMPIONSHIPS
12-13 th November 2022 in Dębio	са
I, signed below agree to take part:	
(Name, surname, date of birth	າ)
In competition kata/kumite* karate kyokushin in contact fight which i hits.	ncludes using full power of kicks and
I declare that I know all rules of the fight, effective rules and regulati participation in this tournament.	ions and I accept the risks tied to my
I allow Karate Kyokushin Club in Leżajsk (LKKK)and World Kyokusluse my image connected to the Tournament, including copies which image by all accessible techniques and methods, sharing and publis ple taken and used for purpose of popularization and advertisement ties by LKKK and WKB Poland according to their statues. The image or publications to me or any other way that may violate my good native control of the control of	n contain my image and multiplying my shing, alongside images of other peo- t of karate kyokushin and other activi- ges can not be used in offensive forms
Simultaneously I declare having required personal protector, health	
nament valid physical examination which allows to perform karate fr	rom sports' doctor's issued according

* cross off unnecessary

Hereby consent is not a subject to verbal changes.

to effective law.



Signature of the competitior

	Place, date
	ONTACTUAL FIGHTS DURING WEIGHT EUROPEAN CHAMPI-
12-13 ^t	^h November 2022 in Dębica
, signed below agree for my child to take p	art:
(name, surma	ne, date of birth of the participant)
In competition kata/kumite* semi-contact kausing kicks and hits).	arate kyokushin (contractual fight with protectors which includes
declare that I know all rules of the fight, efchild's participation in this tournament.	fective rules and regulations and I accept the risks tied to my
use my child's image connected to the Tou multiplying my child's image by all accessib mages of other people taken and use <mark>d for</mark> kyokushin and other activities by LKKK and	KKK) and World Kyokushin Budokai Poland (WKB Poland) to rnament, including copies which contain my child;s image and ble techniques and methods, sharing and publishing, alongside purpose of popularization and advertisement of karate I WKB Poland according to their statues. The child's image ions to me, my child or any other way that may violate my good
	nave Document with a picture, required personal protectors and examination which allows to perform karate from sports' doc-
Hereby consent is not a subject to verbal cl	nanges.
	Signature of a parent (legal guardian)
* cross off unnecessary	



ANNEX 3

<u>ADDITIONAL INFORMATION</u>

- Semi-contact fights require sports's doctor's check up.
- Contestants must be registered through registration panel of <u>KUMITE TECHNOLOGY</u> up to October 25th at 23:59.
- After analysis of the applications the Organiser may decide to make changes to the shaping of the categories.
- In the applications, please submit rank, weight to 1 kg and accomplishments of the contestants.
- The draw will be held on November 11th 2022 after the verification of the contestants.
- There will be no possibility of changing the category after the draw.
- All teams must submit at least 1 judge.
- Judge's outfit: white short sleeve shirt, navy blue tie, dark trousers, personal whistle.
- Judges and team leader must take part in judge's seminar before the tournament.
- Disputes over refereeing at the competition will be resolved upon payment of a 50 € deposit.
- Contestants with no valid doctor's check up, permission to compete, who will not in their weight category will be crossed off the competition's list. Those who will not fit in their category will be transferred to right category after paying financial penalty in form of another starting fee.
- In case one contestant does not show up for a fight- the present contestant goes to the next round.

FFFS:

Men, Women	Oldboy	Juniors
//-/	kumite	- 40 <u>€</u>
//	kata	- 40 €
	k <mark>umit</mark> e i kata	- 60 €



