



## FIGHT & KATA REUNION OPEN SATURDAY 15 October 2022

### INFO PACK

DATE OF TOURNAMENT:	<b>Saturday, 15 October 2022</b>
TIME:	<b>8:00am</b> with staggered starts for the different divisions. PLEASE CHECK THE SCHEDULE FOR ACCURATE TIMES.
VENUE:	Gymnase Paris Kischenin 25 Rue des Flamboyants, Saint-André 97440, La Réunion
WHO IS ELIGIBLE TO ENTER:	<b>ALL students (KIDS, TEENS &amp; ADULTS) of ANY grade (including novices) are eligible and encouraged to enter.</b>
DIVISIONS:	<b>KATA &amp; KUMITE (full contact)</b>
REGISTRATION & PAYMENT DEADLINE:	<b>Friday, 30 September 2022</b> All entrants must be pre-registered. NO REGISTRATIONS WILL BE TAKEN ON THE DAY OF TOURNAMENT. Registration can be done via <b>APPLICATION FORM (printed and available at the dojo) or mail : ikoreunion@gmail.com</b>
COMPETITOR ENTRY FEES:	<ul style="list-style-type: none"> <li>Kata only: 35€</li> <li>Kumite (fighting) only: 40€</li> <li>Kata &amp; Kumite (fighting): 65€</li> </ul> <p><b>PAYMENT: Friday 14 October. 4pm~6pm</b> Dojo Spartiates Kyokushin (Adress : Rue Stanislas Gimart) 20°53'29.2"S 55°28'30.5"E -20.891447, 55.475139</p>
SPECTATOR ENTRY FEES:	<ul style="list-style-type: none"> <li>Spectator Adult: 15€</li> <li>Spectator Kid &lt;13yrs: 5€</li> <li>Family (2 adults, 2 kids): 35€</li> </ul> <p>Spectator entries can ONLY be taken <b>AT THE DOOR</b> (in cash).</p>
PROTECTIVE EQUIPMENT:	<p><b>Chest guard and head gear will be provided</b> at the tournament. <b>Students need to bring their own shinpads &amp; hand mitts</b> (Organisers have very limited supply to lend out.) <b>Mouthguards</b> (optional if head gear has face cage). Males are to bring their own <b>groin guard</b>.</p>



## KATA RULES & DIVISIONS

		NOVICE White, Orange & Blue Belts	INTERMEDIATE Yellow & Green Belts	ADVANCED Brown & Black Belts
TEENS	Elimination	Pinan sono san	Pinan sono yon	Gekisai sono san
	Final (for top 6 only)	Taikyoku sono san, Pinan sono ichi, Pinan sono ni	Pinan sono san or above*)	Tsuki No Kata Any advanced Kata*)
ADULTS	Elimination	Pinan sono san	Pinan sono yon	Gekisai sono san
	Final (for top 6 only)	Taikyoku sono san, Pinan sono ichi, Pinan sono ni	Pinan sono san or above*)	Saifa Any advanced Kata*)

#### \* Notes regarding Kata selection:

- Competitors must select a Kata **no higher than 2 grades above their current grade.**
- The Kata must be part of the Kyokushin syllabus with the exclusion of Sanchin and Tensho.



## KUMITE (FIGHTING) RULES

### FULL-CONTACT

All fighting divisions are allocated by age, weight and grade.

- Ages 5-7** All techniques to the body, **only light (controlled) kicks to the head, Mawashi Geri ONLY.**
- Ages 8-12** All techniques to the head & the body, **only light (controlled) kicks to the head.**
- Advanced & teens** All techniques are allowed.  
ADULT rules apply for those 15 and up (Oshi, sweeping, Sabaki above elbow etc.)

Standard IKO (International Karate Organisation) rules apply; an unblocked kick to the head scoring a *waza-ari* (half point). Jodan mawashi geri must make clean, direct contact with the headgear in order to score *waza-ari* (half-point). *Waza-aris* must be accompanied by *zanchin with kiai* in order to score the half-point.

Judges will monitor all divisions carefully to ensure no excessive force is used. **Child safety takes first priority.**

### PROTECTIVE EQUIPMENT

#### KIDS:

Head gear with face cage  
Body armour  
Shin pads  
Hand mitts  
Groin Guard (males)

#### TEENS:

Head gear (face cage optional)  
Body armour  
Shin pads  
Hand mitts  
Groin Guard (males)

#### ADULTS (Novice & 35yrs+):

Shin pads  
Hand mitts  
Groin Guard (males)

#### ADULTS (Elite):

Groin Guard (males)

**Chest guard and head gear will be provided** at the tournament.  
**Students need to bring their own shin pads & hand mitts** (Organisers have very limited supply to lend out.)  
**Mouthguards** (optional if head gear has face cage).  
Males are to bring their own **groin guard**.