

Dear Presidents of National Organizations,
Country Representatives, WKO Branch Chiefs,
Club Leaders



on behalf of European Karate Organization, we have the honor to invite you to the

European Karate Kyokushin / Shinkyokushin Championship 2022

For CADETS, JUNIORS & YOUTH U21

4th – 5th of November – Sofia, Bulgaria



1. GENERAL INFORMATION

Venue: **ARENA ARMEEC SOFIA**

Location: 1 Asen Yordanov " blvd., 1113 Sofia, Bulgaria, Capacity: 12.000 seats

<http://www.arenaarmeecsofia.com/en/>

2. CATEGORIES AND NUMBER OF PARTICIPANTS

- ✓ 2 participants per country in each weight category KUMITE and individual KATA
- ✓ 1 team per country in each category mix TEAM KATA
- ✓ Organizing country has one extra participant in each category
- ✓ Cadets, Juniors and Youth U21 – 1st, 2nd, 3rd places will be awarded with medals/certificates
- ✓ Special trophies for Cadets, Juniors and Youth U21 best technique



Girl's / Women's Events			
Age group	Year of birth	Kata	Kumite Weight categories
Cadets	2006, 2007	Yes	-50; -55; -60; -65; +65 kg
Juniors	2004, 2005	Yes	-50; -55; -60; -65; +65 kg
Youth U21**	2002, 2003, 2004*	Yes	-50; -55; -60; -65; +65 kg

Boys' / Men's Events			
Age group	Year of birth	Kata	Kumite Weight categories
Cadets	2006, 2007	Yes	-50; -55; -60; -65; -70; -75; +75 kg
Juniors	2004, 2005	Yes	-60; -65; -70; -75; -80; +80 kg
Youth U21**	2002, 2003, 2004*	Yes	-65; -70; -75; -80; -85; -90; +90 kg

✓ **TEAM KATA (MIX) for Cadets, Juniors and Youth U21**

* 18 years on the day of the competition

** Medal Winners at ADULTS EC/WC (1st – 3rd places) or Open Weight EC/WC (1st-8th place) cannot register for U21

PROTECTIVE EQUIPMENT*	CADETS		JUNIORS		YOUTH U21	
	Girls	Boys	Girls	Boys	Women	Men
Helmet** (Protect the face with a net/bars or plastics)	✓	✓	✓	✓	✗	✗
Chest protector**	✓	✓	✗	✗	✗	✗
White Shin Protection	✓	✓	✓	✓	✓	✓
White Gloves	✓	✓	✗	✗	✗	✗
Knee Protection	✓	✓	✓	✓	✗	✗
Groin Protection	✓	✓	✓	✓	✓	✓
Breast Protection (Only Cup Type allowed)	✓	✗	✓	✗	✓	✗
Mouth Protection	OPTIONAL					

* Competitors are obligated to bring their personal set of protectors (except helmets and chest protection), and must submit for approval at registration. Equipment shop with approved protection will be available at the venue on both competition days.

** Helmets and chest protectors will be available at the venue from the organizer on all tatamis.

Deadline for National teams, officials and others registration 3rd October 2022



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3. PARTICIPATION REQUIREMENTS

All competitors are requested to present:

- ✓ Written medical certificate (in English) indicating that he or she is physically fit and healthy, and his/her insurance documents. This medical certificate must be not older than 1 month (women are requested to present written certificate of non-pregnant state)
- ✓ A written approval from legal guardian for all minors (under 18 years old at time of event)
- ✓ Declaration for participation in the tournament
- ✓ Official EKO passport with 2022 stamp
- ✓ Coaches must wear the official team uniform

4. REGISTRATION

Registration will be available online - <https://eko.kumitetechology.com>

Registration deadline: 7th October, 2022

5. PRELIMINARY SCHEDULE

02.11.2022 Wednesday

Arrival of EKO Board, Committees, Referees, Officials and Participants

15:00-20:00 Referee course for all referees that apply for a license

03.11.2022 Thursday

Arrival of Officials and Participants

10:00 - 16:00 weight and medical control

09:00 - EKO referee committee meeting

10:00 - EKO technical and grading committee meeting

11:00 - EKO medical and anti-doping committee meeting

12:00 - EKO Board meeting

15:00 - EKO Referee seminar

19:00 - Draws

20:00 - Welcome Dinner for EKO, VIP, CR and BC



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04.11.2022 Friday (1st Day)

10:00 – Start of European Championship

Kata all age categories

Cadets U16 kumite tournament on 3 Tatami

13:00 – Official Opening Ceremony

19:00 – Awarding Ceremony

05.11.2022 Saturday (2nd Day)

10:00 – Start of European championship

Kumite for Juniors and Youth U21 on 3 Tatami

19:00 – Awarding Ceremony

20:00 – Sayonara Party for EKO, VIP, CR/BC, Coaches (Competitors +18 only)

06.11.2022 Sunday

12:00 – Check-out and Departure

6. FINANCIAL CONDITIONS

Accommodation, flight tickets, transportation and meals for all participants shall be covered by National Organization or Club or by participant.

Participation fee: 50 Euro per each participant

Payments of Participation fee should be paid to EKO, by **bank transfer not later than November 1st***

IBAN: NL78RABO0103302778, BIC Code: RABONL2U

Bank: Rabobank Netherlands

Stationsweg 5, 8911AG, Leeuwarden, Netherlands

in name of: European Karate Organization

**Those who fail to transfer the participation fee will be charged in cash (EUR) at registration on November 3rd*



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7. ACCOMODATION

All meetings, registration and draws will take place in the **VITOSHA PARK HOTEL 4******

All airport transfers will be done from/to: **Sofia Airport (SOF)**

We kindly ask you to keep the deadline for booking accommodation – **3rd of October** after that date we cannot guarantee availability

Hotel	Single Room	Double Room	Triple Room
Vitosha Park Hotel 4**** - OFFICIAL HOTEL Address: 1 Rosario str., 1700 Studentski Kompleks, Sofia			
Price/night incl. breakfast/pers. (BB)	55 EUR	40 EUR	n/a
Price/night incl. breakfast and dinner/pers. (HB)	73 EUR	58 EUR	n/a
Park Hotel Moskva 3*** - OFFICIAL HOTEL Address: 25 Nezabravka Str., Sofia 1113			
Price/night incl. breakfast/pers. (BB)	42 EUR	32 EUR	25 EUR
Price/night incl. breakfast and dinner/pers. (HB)	57 EUR	47 EUR	40 EUR

- ✓ Bus transfers from/to official hotels and sport venue are included
- ✓ Lunch break on the European Championship 1st and 2nd days
- ✓ Entrance to the competition venue, with the Accreditation Card
- ✓ For those staying for **3 nights or more**
Airport Transfers and Sayonara Party Entrance is **free of charge**
- ✓ Airport transfers from/to Sofia Airport (SOF) cost **15 EUR**
- ✓ Sayonara Party Entrance (+18 only) cost **25 EUR**

All reservations must be done no later than 3rd of October with the official travel partner of the event:

Luxury Holidays Ltd.

Email: accomodation.ec2022@bnfk.bg

Tel.: +359 876 557997



8. ORGANIZING COMMITTEE / CONTACT PERSON

Chairman of the Organizing Committee: Boris Nikolov

Tel.: +359 888 468545

Email: ec2022@bnfk.bg